

Waiver and Release of All Claims by Client of Top Guns Fitness

Date: _____

The Client acknowledges that any program of fitness exercise involves a risk of injury. Top Guns Fitness shall not be liable for any injuries or damage to the undersigned, or the property of the undersigned, subject to any claim, demand, injury or damages whatsoever, including, without limitation, those damages resulting from acts of active or passive negligence on the part of the Client.

The Client represents that he/she has been recently examined by a medical doctor and been found able to undertake a program of exercise.

It is agreed that Top Guns Fitness shall not be responsible or liable to the undersigned for articles lost or stolen in connection with Top Guns Fitness services.

For and in consideration of the design of an exercise program for _____ known as the "Client" by Top Guns Fitness, Client agrees:

1. That any exercise program shall be undertaken by Client at his/her sole risk
2. That Top Guns Fitness shall not be liable to Client, nor any other person, for claims or causes of action whatsoever arising out of or connected with the services of Top Guns Fitness
3. That Client hereby releases and discharges Top Guns Fitness from any such claims or actions

Signature of Client

Signature of Parent or Legal Guardian for Minors